


# Desert Jewel Music

## Vocal Exercises by Heidi Jeanne Rea

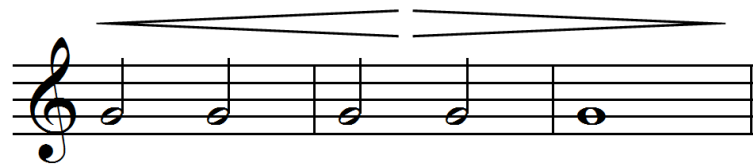
### Resonance, Vowel placement, Consonants

1.   
Ma - ma made me mash my M & Mz.


### Resonance, Vowel placement

2.   
Me May Mah Moh Mu


### Vowel placement, Musicality (Dynamics, Phrasing)

3.   
Ee Ay Ah Oh Ooh


### Breath Connection

4.   
(lip trill) (lip trill) (etc.)


### Consonants

5.   
Pe - ter Pi - per picked a peck of pick - led pep - pers.


Resonance, Vowel Placement

6.   
 No me no me no me no me no

Consonants, Breath Connection, Agility

7.   
 Vi - va Vi - va Vi - va


Resonance, Register Consistency

8.   
 Ming - a - ming - a ming - a ming - a ming - a


Resonance, Register Consistency

9.   
 Me - ow Me - ow Me - ow


Vowel Placement, Register Consistency

10.   
 Ee Ay Ah


Resonance, Agility (skips), Intonation

11.   
 Ng

Relaxation


12.   
 Flah flah flah flah flah

Resonance, Vowel Placement


13.   
 Me May Mah Moh Moo




Vowel Placement, Register Consistency, Agility (leaps)

18.   
O - hi - o

Resonance, Agility (leaps)

19.   
Ma me ma Ma me ma

Agility (leaps), Range Extension, Vowel Placement

20.   
I love \_\_\_\_\_ to sing.

Relaxation, Breath Connection, Register Consistency, Range Extension


21.   
Ah \_\_\_\_\_ Ah \_\_\_\_\_ Ah \_\_\_\_\_

Breath Connection, Register Consistency, Agility, Intonation

22.   
Ee \_\_\_\_\_ Ah \_\_\_\_\_ Ee \_\_\_\_\_ Ah \_\_\_\_\_

Breath Connection, Range Extension, Intonation

23.




Ee \_\_\_\_\_ Ah ah ah ah \_\_\_\_\_

Detailed description: This exercise is written on a single treble clef staff. It begins with a half note 'Ee' on a line, followed by a slur over four eighth notes: 'Ah', 'ah', 'ah', and 'ah'. The notes are on a line, space, and two lines. The exercise concludes with a quarter rest followed by a dotted quarter rest.

Breath Connection, Register Consistency, Range Extension, Agility (speed)

24.




Me \_\_\_\_\_ Ah \_\_\_\_\_

Detailed description: This exercise is on a single treble clef staff. It starts with a half note 'Me' on a line, followed by a slur over a series of eighth notes that ascend and then descend. The exercise ends with a whole note 'Ah' on a line.

Breath Connection, Agility (speed), Range Extension, Vowel Placement

25.



Ee \_\_\_\_\_ Ay \_\_\_\_\_ Ah \_\_\_\_\_

Detailed description: This exercise is on a single treble clef staff. It features three slurs over eighth notes. The first slur covers 'Ee' on a line. The second slur covers 'Ay' on a space. The third slur covers 'Ah' on a line. The exercise ends with a whole note.

Breath Connection, Musicality, Register Consistency

26.



Ee \_\_\_\_\_ Ah \_\_\_\_\_ Ee Ah \_\_\_\_\_

Detailed description: This exercise is on a single treble clef staff. It consists of four slurs over eighth notes. The first slur is 'Ee' on a line. The second slur is 'Ah' on a space. The third slur is 'Ee' on a line. The fourth slur is 'Ah' on a space. The exercise ends with a whole note.

Resonance, Range Extension, Agility (speed), Intonation

27.    
 Na na-na Na na-na Na na-na na-na na-na Na na-na Na na-na Na na-na na-na Na.


Detailed description: This exercise is written on a single treble clef staff. It consists of 14 measures of music. The melody is primarily eighth and sixteenth notes, with some triplets. The lyrics 'Na na-na Na na-na Na na-na na-na na-na Na na-na Na na-na Na na-na na-na Na.' are aligned under the notes. The exercise focuses on range extension, agility, and intonation.

Range Extension, Register Consistency, Vowel Placement

28.    
 Ee \_\_\_\_\_ Ah \_\_\_\_\_

Detailed description: This exercise is written on a single treble clef staff. It consists of 8 measures of music. The melody starts with a high note and descends. A slur covers the first four notes, and another slur covers the last four notes. The lyrics 'Ee' and 'Ah' are written below the first and last notes respectively, with long horizontal lines extending to the right. The exercise focuses on range extension, register consistency, and vowel placement.

Consonants, Intonation

29.    
 She sold sea-shells by the shore; she can't sell them an - y - more.

Detailed description: This exercise is written on a single treble clef staff. It consists of 8 measures of music. The melody is primarily quarter and eighth notes. The lyrics 'She sold sea-shells by the shore; she can't sell them an - y - more.' are aligned under the notes. The exercise focuses on consonants and intonation.

## Non-Notated Exercises

### Posture

In choosing the posture exercises best for you, keep in mind the importance of flexible, relaxed posture, while you work on alignment. Here is a list of exercises we often do in lessons.

- Rag Doll
- Dusting
- Jumping Jacks
- Head, Shoulders, Knees and Toes count

### Breathing

- Candle
- The breath kick (quick then in slow motion)
- 16 beat Shhh
- Percussive puffs: K, k. Ch, ch. F, f. Sh, sh. P, p.
- Raspberry

### Relaxation (non-notated)

- Sighs
- Horse whinny

### Resonance (non-notated)

- Mmhmm
- Cow Moo

### Vocal Warmup Categories

- Breath connection
- Resonance
- Vowel placement
- Consonants
- Register Consistency
- Agility (speed, leaps, skips, staccato)
- Range extension
- Musicality (Dynamics, Phrasing)
- Intonation